



## GRAND AVENUE PUBLIC SCHOOL

14 Grand Ave ▪ Grimsby, ON ▪ L3M 2R7 ▪ 905-945-2227 ▪ [grandave.dsbni.org](http://grandave.dsbni.org)

Wednesday, May 3, 2017

### TRACK AND FIELD AT GRIMSBY SECONDARY SCHOOL

When: ~~Friday, May 5th, 2017 at GSS~~

**Raindate: Monday, May 8th, 2017 at GSS**

Dear Parents/Guardians

Our Track and Field Day is fast approaching! In looking at the weather forecast this week, there is a 90% chance of rain on Friday. **We will be using our rain date of Monday, May 8th.** This will allow us to check the field on Sunday to ensure that it is usable for Monday. We went over today and the field does dry up well.

After announcements and attendance the students will board the bus for GSS. It is important to be on time so that the bus can leave on schedule. A tentative schedule has been included on the backside of this letter. All times are approximate. Events could start earlier/later depending on the need. Please note that the High Jump and Shot Put (Grade 7&8) will take place during Phys. Ed. at Grand Ave. We will attempt to follow the schedule as close as possible. We will be returning to Grand Ave. in time for regular dismissal.

#### Reminders

- Each athlete needs to be prepared for a day of physical activity. This means proper athletic wear (shirts, shorts, shoes, etc.). We are also encouraging all athletes to dress appropriately for the weather...please come prepared for a full day outside (sunscreen, hat).
- With the wet spring we have had, it is a good idea to bring a tarp to cover the ground, to put belongings on or to sit on.
- Please pack a healthy lunch with plenty of water
- There will be pizza and snacks to purchase at the Tuck Shop hosted by Grand Ave. Parent Council - Students are to remain on GSS property for the day.
- Please bring a book, items to draw with, crossword puzzles, etc. to keep busy when not at an event. We cannot be responsible for any technology or valuables that you send with your child.
- If you are taking your child home from the competition, please ensure that you have spoken with that child's teacher or Mrs. Doyle to "sign them out" prior to leaving.
- Successful students will move on to the Regional Track and Field meet on Friday May 12th at the Niagara Olympic Club in St. Catharines.

We look forward to an exciting day of competition. Thank you for your continued support!

Kind Regards,

Mrs. Doyle and Grand Avenue Staff

Grand Ave. Track and Field Schedule 2017

TIME	TRACK		FIELD	
			LONG	TRIPLE
9:15 am	1500 m	<ul style="list-style-type: none"> <li>• Boys                             <ul style="list-style-type: none"> <li>○ Atom</li> <li>○ Pee wee</li> <li>○ Bantam/ Midget</li> </ul> </li> <li>• Girls                             <ul style="list-style-type: none"> <li>○ Atom</li> </ul> </li> </ul>	Midget Boys	Atom Boys
10:00 am	200 m HEATS  *Bantam & Midget Boys go directly to FINAL*  *Bantam & Midget Girls go directly to FINAL*	<ul style="list-style-type: none"> <li>• Boys                             <ul style="list-style-type: none"> <li>○ Atom</li> <li>○ Pee wee</li> </ul> </li> <li>• Girls                             <ul style="list-style-type: none"> <li>○ Atom</li> <li>○ Pee wee</li> </ul> </li> </ul>	Atom Girls	Pee wee Girls
10:45 am	400 m FINALS	<ul style="list-style-type: none"> <li>• Boys                             <ul style="list-style-type: none"> <li>○ Atom</li> <li>○ Pee wee / Bantam</li> <li>○ Midget</li> </ul> </li> <li>• Girls                             <ul style="list-style-type: none"> <li>○ Atom / Pee wee / Bantam</li> </ul> </li> </ul>	Atom Boys	Atom Girls
11:30 am	100 m HEATS  *Bantam Boys go directly to FINAL*	<ul style="list-style-type: none"> <li>• Boys                             <ul style="list-style-type: none"> <li>○ Atom</li> <li>○ Pee wee</li> <li>○ Midget</li> </ul> </li> <li>• Girls                             <ul style="list-style-type: none"> <li>○ Atom</li> <li>○ Pee wee</li> <li>○ Bantam</li> <li>○ Midget</li> </ul> </li> </ul>	Bantam Boys	Pee wee/ Bantam / Midget Boys
12:30 pm	800 m FINALS	<ul style="list-style-type: none"> <li>• Boys                             <ul style="list-style-type: none"> <li>○ Atom</li> <li>○ Pee wee / Bantam / Midget</li> </ul> </li> <li>• Girls                             <ul style="list-style-type: none"> <li>○ Atom/ Pee wee /Bantam/ Midget</li> </ul> </li> </ul>	Pee wee Boys	Bantam Girls
1:00 pm	200 m FINALS	<ul style="list-style-type: none"> <li>• Boys                             <ul style="list-style-type: none"> <li>○ Atom</li> <li>○ Pee wee</li> <li>○ Bantam</li> <li>○ Midget</li> </ul> </li> <li>• Girls                             <ul style="list-style-type: none"> <li>○ Atom</li> <li>○ Pee wee</li> <li>○ Bantam / Midget</li> </ul> </li> </ul>	Pee wee Girls	Midget Girls
1:45 pm	100 m FINALS	<ul style="list-style-type: none"> <li>• Boys                             <ul style="list-style-type: none"> <li>○ Atom</li> <li>○ Pee wee</li> <li>○ Bantam</li> <li>○ Midget</li> </ul> </li> <li>• Girls                             <ul style="list-style-type: none"> <li>○ Atom</li> <li>○ Pee wee</li> <li>○ Bantam</li> <li>○ Midget</li> </ul> </li> </ul>	Bantam Girls	

Important Notes:

**All times are approximate. Events could start earlier/later depending on need**

1. High Jump and Shot Put will take place over the next week during Fitness Breaks/Phys. Ed. class at Grand Avenue
2. Some race events will include combined age groups, but students are only competing against their own age division. Divisions are Atom (Gr.'s 3 & 4) Pee Wee (Gr.'s 5 & 6) Bantam (Gr. 7) Midget (Gr. 8)
3. If you have a conflict between a race and a field event, report to the field event to tell the adult that you are being paged to a running event. **Run the race, then go back to the field event to complete it.**